

Supermarket, break down of Food miles & CO₂ emissions.

Food	Produced	Total miles travelled. Including distances to consumer	CO ₂ in Kg
Mixed Leaf Salad	Packed in UK	147	30.2
Spinach	Kent	235	48.2
Coriander	Spain	794	163
Cress	Lancashire	162	33.2
Bay leaves	Bucks	187	38.4
Garlic	Spain	794	163
Carrots	UK	147	30.2
Swede	Packed in UK	147	30.2
Rosemary	Israel	2243	460.3
Parsley	West Bank	2261	464
Organic Med Eggs	UK	147	30.2
Multigrain Loaf	Bristol	89	18.3
Radishes	Holland	410	84.1
Jersey Royal Potatoes	Jersey	273	56
Beetroot	N. Lincolnshire	204	41.9
Carrot Cake	UK	147	30.2
Leeks	Morocco	1454	298.4
Wild Rocket	UK	147	30.2
Celery Hearts	Spain	794	163
Watercress , Spinach & Rocket Salad	UK	147	30.2
Spring Greens	Cornwall	155	31.8
Rhubarb	Worcester	61	12.5
		11145	2287.5

*UK distances used are from the supermarkets nearest distribution centre, distances calculated using www.organiclinker.com & www.theaa.com/route-planner .CO₂ emissions calculated using www.transportdirect.info

